Mental Health Crises & Substance Use

**Boston Emergency Services Team (B.E.S.T.):**

Dr. Solomon Carter Fuller Building

85 E Newton Street

800-981-4357

**National Suicide Prevention Lifeline:**

Toll-Free: 1-800-273-TALK (1-800-273-8255)

Toll-Free (Español): 1-888-628-9454

**Addiction Treatment** **National Helpline**:

Toll-Free: 1-800-662-HELP (24/7/365 Treatment Referral Information Service in English and Español)

Emergency Shelters

**Pine Street**

Now open 24/7; (617) 892-9100

444 Harrison Ave

Food Pantries

**Project Bread Hotline**

1-800-645-8333 (for information)

**Paulist Center**

(617) 742-4460

5 Park Street (look for the Red doors, near Boston Common)

They are also operating a Pantry for Boston Residents **Tuesday’s 1:30 – 3:00 pm**

Free Supper Club **Wednesday’s 6-7pm**

Emergency Health

Call **911** if you have a medical emergency

If you believe you have Coronavirus symptoms (fever, dry cough, shortness of breath) **call your primary care before visiting**

Accurate Info and Updates

**City of Boston Hotline**:

617-635-4500

For Virus updates, visit [www.mass.gov](http://www.mass.gov) and click on the updates at the top of the webpage or under the Featured Services section.