



## Project Place

Project Place promotes a community of hope and opportunity for homeless and low-income individuals by providing the skills, education and resources needed to obtain and sustain employment and housing.



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[projectplace.org](http://projectplace.org)



ProjectPlaceBoston



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# SPARRC

Stabilization Programming  
Around Recovery and  
Resilience Coaching



**\*tagline\***

**[Taking steps towards a  
fulfilling career?]**

## SAMPLE PROGRAM SCHEDULE

### Monday

10 am - 12 pm: Group Check-in Session

12 pm - 2 pm: Individual Goal breakout session with Case Manager.

### Tuesday

10 am - 12 pm: Skill Enrichment Workshop

### Wednesday

12 pm - 1 pm: Transitions in Recovery and Mental Health Workshop

\*Clients will pick a 1-hour slot to meet with their Case Manager.

### Thursday

10 am - 12 pm: Skill Enrichment Workshop

12 pm - 1 pm: Group Check-out

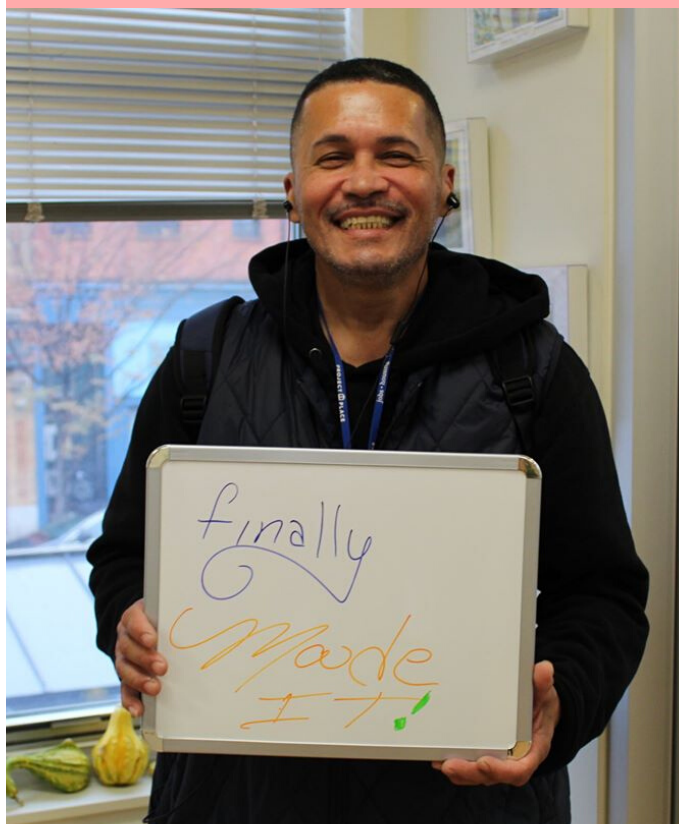
### Friday

\*No Class\*

## OUR COMMUNITY

SPARRC addresses the needs of people who are motivated to work and need support to develop strong, stable foundations for ongoing employment and career success.

The program provides structure and personal support, focused on cultivating soft and hard skills that help clients process and regulate stress and emotions. When clients graduate, they are able to carry a peace of mind and newfound confidence into the workforce development training programming



## OUR MODEL

SPARRC focuses on getting clients to a level of stability where they will be able to succeed in training and, later, employment. The program consists of:

- Enrichment Workshops - professionalism, skill building, emotional regulation, interpersonal success, etc.
- Group sessions with clients, with a therapeutic focus
- Wraparound case management to connect students to providers and community partners.